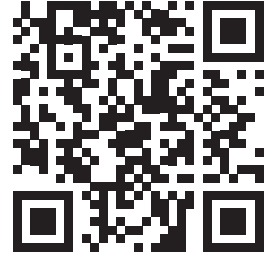







Learn more at:
www.somesignssavelives.com



October 29th is World Stroke Day

-  Diabetes
-  Cardiac disorders
-  Stress
-  Bad eating habits
-  Lack of exercise

-  Alcohol use
-  Smoking
-  Obesity
-  High cholesterol
-  High blood pressure

Risk factors for stroke include:

stryker

stryker

Act FAST and help save lives

Learn to recognize the signs of stroke

Any one of the below could be a symptom of stroke. **Act FAST**, because receiving treatment quickly is vital for surviving a stroke.



F

ACE

Can the person **smile**?
Does his/her mouth droop?



A

RMS

Can the person **raise both arms**?



S

PEECH

Can the person **speak clearly** and **understand** what you're saying?



T

IME

Act FAST. Get help.
Every second counts.

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