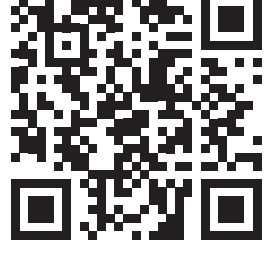











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Learn more at:

October 29th is
World Stroke Day



 Diabetes	 Alcohol use
 Cardiac disorders	 Smoking
 Stress	 Obesity
 Bad eating habits	 High cholesterol
 Lack of exercise	 High blood pressure

Risk factors for stroke include:

stryker

stryker

Act FAST and help save lives

Learn to recognize the signs of stroke

Any one of the below could be a symptom of stroke. **Act FAST**, because receiving treatment quickly is vital for surviving a stroke.



F ACE

Can the person **smile**?
Does his/her mouth droop?



A RMS

Can the person **raise both arms**?



S PEECH

Can the person **speak clearly** and **understand** what you're saying?



T IME

Act FAST. Get help.
Every second counts.

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