

## Act FAST and help save lives

## Learn to recognize the signs of stroke

Any one of the below could be a symptom of stroke. **Act FAST**, because receiving treatment quickly is vital for surviving a stroke.



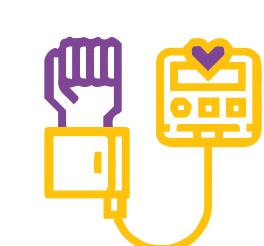






## Risk factors

for stroke include:



High blood pressure



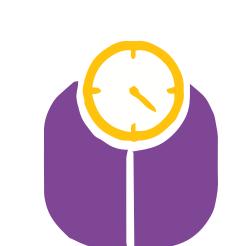
Lack of exercise



High cholesterol



Bad eating habits



Obesity



Stress



Smoking



Cardiac disorders



Alcohol use



Diabetes

October 29th is World Stroke Day

Learn more at: www.somesignssavelives.com

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